

Thursday 1st July 2021

Dear Parents/Carers,

Advice for Child to Self-Isolate for 10 Days Year 4 bubble.

We have been advised that there has been a confirmed case of COVID-19 within the school.

We have identified that your child **has been in close contact** with the affected case. In line with the national guidance from Public Health England we recommend that your child now stays at home and self-isolates until and including Friday 9th July. Your child must not go to school or any public areas: your child must remain at home. **They can return to school on Monday 12th July.**

Whilst your child is self-isolating you must make sure of following things:

- The identified person must remain at home
- They are not to go to any public areas
- They must not use public transport or taxis
- Exercise must be taken within the home or garden
- Avoid contact with other households, do not have any visitors into the home.

School will provide your child with home learning packs and online lessons via DoJo and TEAMS . The children must complete all the work and fully engage with the online lessons. The work will be returned to school after isolation and can be sent into Mrs Metcalfe via Dojo.

We are asking you to do this to reduce the further spread of COVID 19 to others in the community. If you need support with isolation, please contact your local Council or ring school.

Other members of your household, including siblings can continue normal activities, provided your child does not develop symptoms within the self-isolation period. It is important to note siblings can attend school as normal.

If your child is well at the end of the period of self-isolation, then they can return to usual activities.

If your child is in receipt of free school meals, school will be able to provide lunches and/or a small food parcel. We will be making welfare checks on each child over the isolation period.

What to do if your child develops symptoms of COVID 19

For most people, especially children, COVID-19 will be a mild illness.

The most common symptoms of COVID-19 are recent onset of:

- new continuous cough and/or
- high temperature and/or
- a loss of, or change in, normal sense of taste or smell (anosmia)

If your child develops any of these symptoms of COVID-19, they should remain at home and arrangements should be made for them to be tested. At that time all other household members must also stay at home, not go to work, school or public areas, even for exercise.

Testing can be arranged by calling 119 or via the NHS website: nhs.uk/coronavirus

When the result of the child's test is known further advice will be available.

How to stop COVID-19 spreading

There are things we can all do to help reduce the risk of you and anyone you live with getting ill with COVID-19:

- wash your hands with soap and water often – do this for at least 20 seconds
- use hand sanitiser gel if soap and water are not available
- wash your hands as soon as you get home
- cover your mouth and nose with a tissue or your sleeve (not your hands) when you cough or sneeze
- put used tissues in the bin immediately and wash your hands afterwards

Further information

Further information is available at nhs.uk/coronavirus

We continue to adhere to the strictest possible protective measures in school in line with the Government guidance and Public Health England.

There is funding available for some families who are having to remain at home for childcare purposes, if you would like information about this follow the link below.

<https://www.stockton.gov.uk/our-council/coronavirus-covid-19-housing-welfare-and-financial-support/test-and-trace-support-scheme/>

Yours sincerely

Bernie Rizzi-Allan
Head Teacher